

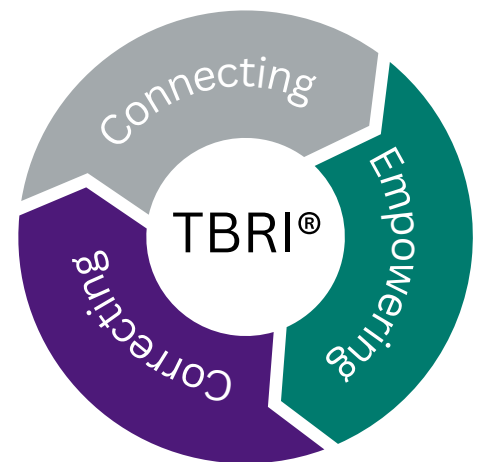
# TRUST-BASED RELATIONAL INTERVENTION® (TBRI®)

## WHAT IS TBRI®?

Trust-Based Relational Intervention® (TBRI®) is an attachment-based, trauma-informed, whole-child approach to meeting the complex needs of children and youth who have experienced early adversity, toxic stress and/or relational trauma. TBRI was developed at TCU's Karyn Purvis Institute of Child Development by Dr. Karyn Purvis and Dr. David Cross to address the effects of early adversity and relational trauma through three synergistic principles: Connecting, Empowering, and Correcting.

The Connecting Principle is designed to cultivate healthy and healing relationships through Mindful Awareness and Engagement Strategies. The Empowering Principle is designed to support physical needs and regulation through Ecological and Physiological Strategies. The Correcting Principle is designed to address fear-based behaviors through Proactive and Responsive Strategies.

Click [here](#) to watch a short TBRI Overview animate



## WHERE IS TBRI® IMPLEMENTED?

Although TBRI was originally created for adoptive and foster families, over the years TBRI has been implemented in a variety of settings including child welfare, schools, residential facilities, juvenile justice settings, hospitals, mental health agencies, law enforcement, courts, and more. There are TBRI Practitioners in all 50 states and TBRI is also being implemented internationally. The KPICD has partners operating in over 10 states and 10 countries and system-level implementation projects in over 20 states and 20 countries.



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## WHO ARE TBRI® PRACTITIONERS?

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TBRI Practitioners are individuals who have successfully completed TBRI Practitioner Training, a comprehensive two-part training hosted by the KPICD. TBRI Practitioner Training includes 10-weeks of online coursework and a one-week intensive training. Completing this training gives TBRI Practitioners access to the TBRI Caregiver Package so that they can train others in their organization or community in TBRI.

Click [here](#) to learn more about TBRI Practitioner Training  
Click [here](#) to find a TBRI Practitioner in your area

## IS TBRI® EVIDENCE-BASED?

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The TBRI Caregiver Training is listed as having ‘promising’ research evidence in Parent Training Programs with high relevance for child welfare in the California Evidence-Based Clearing house, and listed as a ‘promising practice’ in the topic area of Mental Health Prevention and Treatment in the Title IV-E Prevention Services Clearinghouse.

Click [here](#) to read a summary of published TBRI research

## HOW CAN I LEARN MORE ABOUT TBRI®?

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Scan the QR code to visit our website

Additional free and publicly available resources include:

[The TBRI Podcast \(English\)](#)  
[The TBRI Podcast \(Spanish\)](#)  
[Stories of TBRI impact](#)  
[More free TBRI videos](#)

